

A Simplified Cup Game

To be played along with the track 'Boom Boom Beat' from 'Boomwhacker Beatz' track can be downloaded here: <http://funmusicco.com/simplified-cup-game/>

First, set up the children in a circle on the floor, and each student has a cup.

Students will build up the following Rhythm:



Rim - Hit cup on floor with the rim side down

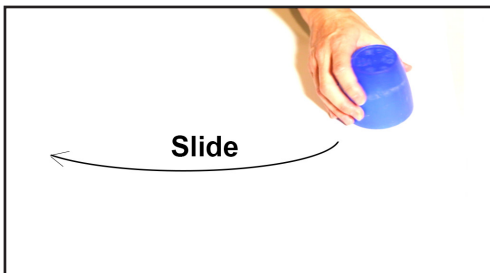


End - Hit cup on floor with the base side down

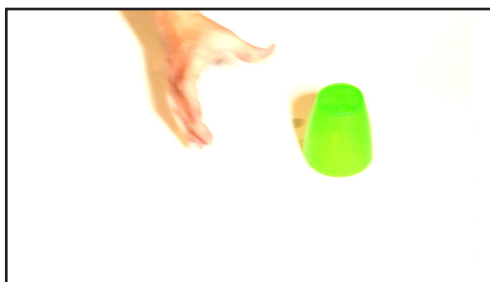


Tap - Hit cup on base with other hand

(optional) - younger students can simply do another 'Rim' hit.



Slide - Slide across in front right to left, in order to pass to the person on the left. (or can be done in the opposite way if it feels more natural)



Pass the cup to the person on the left, and hopefully the person on your right has passed a cup to you!

The music speeds up, so its harder and harder towards the end of the track