

# Lesson 1

# Balloons

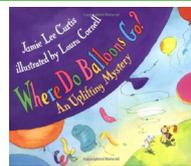
- 1** Warmup Song
- 1 Get Your Wiggles Out
  - 2 Open Shut Them
  - 3 If You're Happy and You Know it

- 2** Finger Play
- Say poem and do actions
- 4 Little Red Balloon

- 3** Theme Introduction
- ### Balloons
- Talk about where they have seen balloons before. Each child then blows up a balloon with Mum or Dad.

- 4** Action Songs
- use balloon as a prop to sing
- 5 Up and Down Song

- 5** Story
- ### Read Book
- 'Where do Balloons Go'  
Jamie Lee Curtis



- 6** Craft
- ### Make Balloon People
- Add stickers and Feet to balloons (blown up in Activity #2)



- 7** Theme Song
- Sing song and do actions with their balloons:
- 6 Fly Fly Up in the Air

- 8** Action & Percussion Songs
- 8 Everybody Do This
  - 9 Head, Shoulders, Knees and Toes  
Children place a sticker in their book, then sing:
  - 10 So Long, Farewell

CD  
**1**

01\*

05

07

CD  
**1**

09

CD  
**1**

11

CD  
**1**

13

CD  
**1**

15

17

03

\*Important note: These track numbers are for the vocal recordings of the songs. If you wish to use backing tracks (karaoke style) simply add 1 to each track number. i.e. use track #2 for 'Get Your Wiggles Out' and track #6 for 'Open, Shut Them' etc.