

# Lesson 1

# Balloons

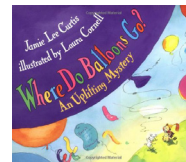
- 1** Warmup Song
- ❶ Get Your Wiggles Out
  - ❷ Open Shut Them
  - ❸ If You're Happy and You Know it

- 2** Finger Play
- Say poem and do actions
  - ❹ Little Red Balloon

- 3** Theme Introduction
- Balloons**
- Talk about where they have seen balloons before.  
Each child then blows up a balloon with Mum or Dad.

- 4** Action Songs
- use balloon as a prop to sing
- ❺ Up and Down Song

- 5** Story
- Read Book**
- 'Where do Balloons Go'  
Jamie Lee Curtis



- 6** Craft
- Make Balloon People**
- Add stickers and Feet to balloons  
(blown up in Activity #2)



- 7** Theme Song
- Sing song and do actions with their balloons:
- ❻ Fly Fly Up in the Air

- 8** Action & Percussion Songs
- ❼ Everybody Do This
  - ❽ Head, Shoulders, Knees and Toes
  - Children place a sticker in their book, then sing:
  - ❿ So Long, Farewell

CD  
**1**

01\*

05

07

CD  
**1**

09

CD  
**1**

11

CD  
**1**

13

CD  
**1**

15

17

03

**\*Important note:** These track numbers are for the vocal recordings of the songs. If you wish to use backing tracks (karaoke style) simply add 1 to each track number. i.e. use track #2 for 'Get Your Wiggles Out' and track #6 for 'Open, Shut Them' etc.