

Three simple ideas to help you have greater happiness and fulfillment as a Music Teacher in 2016

Webinar 30-31 December 2015

1. Learn to control your _____ and _____

Two primary ways to control your state:

1. _____

2. _____

2. Understand the difference between a _____ and a _____ .

3. Learn to ask: _____

BE YOUR BEST 2016

An online training course for music teachers

This training will help music teachers improve their career by focusing on the one factor that makes up to 80% of their success: **Their own personal psychology**



Your presenter, Janice Tuck

- ✓ How you can instantly trigger yourself to feel resourceful and strong, no matter what is happening around you.
- ✓ What to say to yourself each and every morning which will ensure your day is successful and fulfilling, rather than long, tiring and stressful.
- ✓ A useful psychological 'trick' you can use in just about any situation to prevent issues in relationships before they happen
- ✓ What successful people think about all the time, in just about any field, and how you can apply that to your life.

Four online masterclasses - commencing January 7th, 2016

[click here for more information](#)

